

## **Directions to Canadian Institute of Dental Hygiene Inc.**

145 King St. East  
Hamilton, ON L8N 1B1  
Tel: (905) 524-2434  
Fax: (905) 524-3532

Toll Free 1-877-550-2443



### **From Toronto:**

- QEW west to 403 West Hamilton.
- Exit 403 West at the Main St. East Exit (Main St. is a one way street).
- Proceed on Main St. until you get to Walnut Street.
- Turn left on Walnut St. and go to King St.
- Turn left on King St. and go to Mary St.
- Turn right on Mary St. There will be a parking lot on your left. Park in the lot.  
You are now parked behind the school. Walk back to King St. and enter through the front door.

### **From London:**

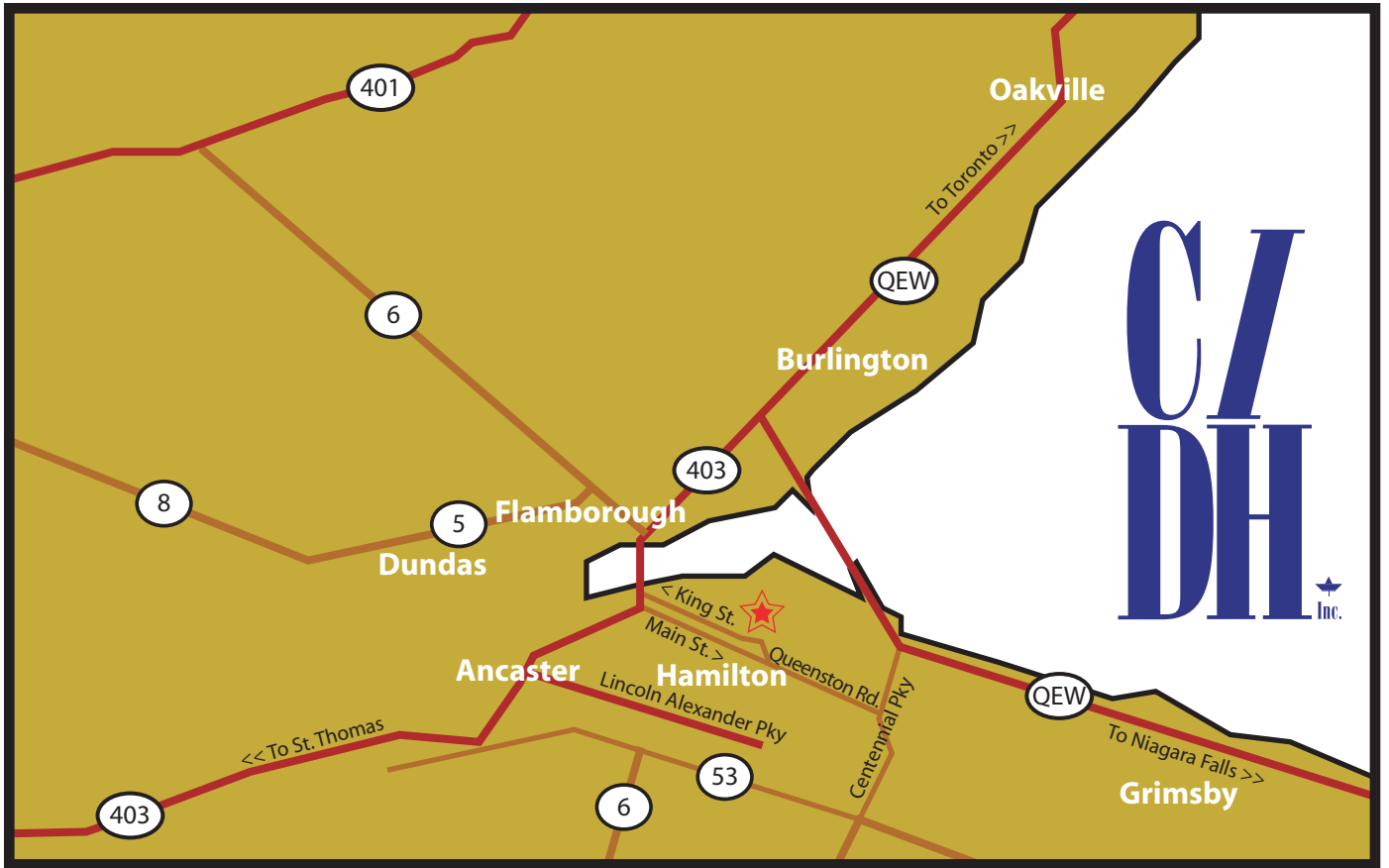
- Hwy 401 East to Hwy 403 East to Hamilton.
- Exit 403 East at the Main St. East Exit (Main St. is a one way street).
- Proceed on Main St. until you get to Walnut Street.
- Turn left on Walnut St. and go to King St.
- Turn left on King St. and go to Mary St.
- Turn right on Mary St. There will be a parking lot on your left. Park in the lot.  
You are now parked behind the school. Walk back to King St. and enter through the front door.

### **From Niagara Falls:**

- Take the QEW East towards Hamilton.
- Exit the QEW at Burlington Street.
- Proceed on Burlington Street until you get to Wellington St.
- Turn left on Wellington St. and go to King St.
- Turn right on King St. and proceed to Mary St.
- Turn right on Mary St. There will be a parking lot on your left. Park in the lot.  
You are now parked behind the school. Walk back to King St. and enter through the front door.

### **From Kitchener/Guelph:**

- Take Hwy. 401 to Hwy. #6 South.
- Go south on Hwy. #6 until you get to Hwy 403.
- Exit on to Hwy. 403 West Hamilton.
- Exit 403 West at the Main St. East Exit (Main St. is a one way street).
- Proceed on Main St. until you get to Walnut Street.
- Turn left on Walnut St. and go to King St.
- Turn left on King St. and go to Mary St.
- Turn right on Mary St. There will be a parking lot on your left. Park in the lot.  
You are now parked behind the school. Walk back to King St. and enter through the front door.



★ Canadian Institute of Dental Hygiene Inc. 145 King St. East
 ■ Parking
■ Shopping
▶ One Way Street



To QEW Niagara via Queenston Rd/Centennial Pky

From QEW Niagara via Centennial Pky/Queenston Rd